

# SUMMER EVENTS 2011

girls worldwide say   
“discover”  
our chalet



Our Chalet, Hohliebeweg 1, 3715 Adelboden, Switzerland  
Phone +41 (0) 33 673 12 26 - Fax +41 (0) 33 673 20 82  
info@ourchalet.ch - www.ourchalet.ch



girls worldwide say   
“discover”  
our chalet

## Summer Events – Swiss Challenge 2011

For summer 2011 we have created fun, adventurous and affordable package for **Guides and Scouts aged 12 - 18 years.**

We invite you to come and discover the magic of WAGGGS' first world centre, the uniqueness of Our Chalet, explore the Swiss Alps, challenge yourself through different activities, savour Swiss culture celebrate your successes, learn more about environmental issues, Celebrate Centenary of WAGGGS and make new friends in an international Guiding and Scouting environment.

In Our Chalet we are aware of different wishes of our guests so we have decided to offer two comprehensive packages regarding accommodation and catering. Programme of the Events will be run for all participants equally regardless of accommodation and catering choice.

### Two package options

**Package 1 - Stay indoors and have your meals provided – 9 days for 995 CHF**

**Package 2 - Camp outside and prepare your own meals – 9 days for 495 CHF**

On the following pages the two packages and their options are explained in more detail. Both packages include extensive day and evening programmes. We have created a programme focusing on developing life skills and positive lifestyle attitudes through outdoor activities, personal challenge and international friendship. Programme incorporates wide range of physical as well as cultural and mentally stimulating activities ranging from hiking, rock climbing, outdoor adventure, developing Guiding and Scouting skills, traditional craft to visiting beautiful castle and lake towns and learning about environment.

**Important part of the programme is the outdoor Guiding and Scouting experience** with opportunities to learn more about WAGGGS, 4 World Centres and issues that concern girls and young women today around the world.

Packages that we offer are much more cost effective than participating in these activities individually as we are running events with larger number of participants.

Please take the time to read through the **2011 Summer Events Package Information** and pass on the information to your group and friends. When you are ready to book your Summer Events Package please contact Our Chalet to make a booking. We will then provide you with a booking contract and request a 30% non-refundable deposit which will secure your reservation. In order to secure your place we strongly encourage you to hurry up with your decision because places will fill up very quickly.

We hope that this information is useful in preparation for your unforgettable Swiss adventure. If you have any further questions which you can not find answer to within the following of the 2011 Summer Events Package Information or via our website, please contact us.

We look forward to welcoming you soon!

Yours in Scouting and Guiding,

### Our Chalet Team

Our Chalet, Hohliebeweg 1, 3715 Adelboden, Switzerland  
Phone +41 (0) 33 673 12 26 - Fax +41 (0) 33 673 20 82  
info@ourchalet.ch - www.ourchalet.ch

## Summer 2011 Events Dates

Swiss Challenge 1	11 – 19 June
Swiss Challenge 2	22 – 30 June
Swiss Challenge 3	03 – 11 July
Swiss Challenge 4	14 – 22 July
Swiss Challenge 5	25 July – 02 August
Swiss Challenge 6	04 – 12 August
Swiss Challenge 7	15 – 23 August
Swiss Challenge 8	24 August – 01 September

## Participants

Participants must be Guides or Scouts aged 12 - 18 years and accompanied by their adult leaders. All attending adults must be registered leaders or registered helpers. There should be a youth to leader ratio of approximately 8:2 to ensure high quality programme suitable for this age group.

When booking your packages please indicate how many adults and young people are attending and whether they are male or female.

## Bookings:

Bookings for the 2011 Summer Event Packages are now open. Don't miss your place as the events will fill up quickly. To reserve your place in a Summer Event contact [info@ourchalet.ch](mailto:info@ourchalet.ch) or make an on-line booking on our website [www.ourchalet.ch](http://www.ourchalet.ch)



## Summer Event Packages

### Package 1 - CHF 995 per person

This package offers eight nights of Our Chalet indoor accommodation all meals during your stay (breakfast, packed lunch and evening meal), luggage transfer from Adelboden Oey bus stop to Our Chalet and back, six days of programme and seven evening programmes.



*Please note: Adults and youth will have separate rooms and will be allocated to rooms which may be shared with other groups.*

### Package 2 - CHF 495 per person

This package offers eight nights of camping accommodation, hire of tents and mattresses, use of one of the Our Chalets' camp kitchens with cooking equipment, luggage transfer from Adelboden Oey bus stop to Our Chalet and back, six day programmes and seven evening programmes. Our Chalet Swiss canvas tents fit up to 7 people per tent. People staying at our campsite may opt to use one of the following external house kitchens:

**Camp and Squirrel House kitchens** have an indoor dining area, fridge, cooker, crockery, cutlery and cooking equipment. They are a great refuge in poorer weather. Please let us know your preference when you book the outdoor package.



## Summer Events – Swiss Challenge Programme

**WAGGGS Mission is “to enable girls and young women to develop their fullest potential as responsible citizens of the world.”**

The objective of WAGGGS International Events is to help develop participants’ potential through:

1. Learning about WAGGGS, its Member Organizations, themes, projects, regions and World Centres while sharing the international friendship that Girl Guiding and Girl Scouting offers.
2. Experiencing the unique culture of Switzerland through its traditions, history and people.
3. Engaging in activities and workshops related to leadership, advocacy and other topics relevant to girls and young women today.

In Our Chalet we have created a programme focusing on developing life skills and positive lifestyle attitudes through outdoor activities, personal challenge and international friendship.

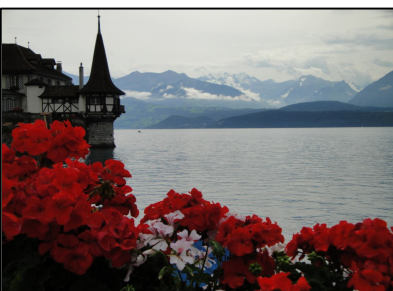
### Day Programme

The event days at Our Chalet will comprise of six programme days. On Day 1 you are based at Our Chalet. We start the day with an Official Opening Ceremony. This is followed by on-site activities and you’ll be allocated into patrols for these activities: **campfire** preparation and cooking, **orienteeing** and **crafts**. The rest of the programme is divided between **hiking and other outdoor adventure** and **excursions**. There is a **free day** in the middle of the programme to enable you to have one day on your own to explore somewhere different in Switzerland.



The first outdoor adventure day will either take you on a 1-hour hike from Our Chalet along the valley and the Engstligen River to the **Reharti Adventure Park** or a 2-hour hike to the famous Adelboden Woodcarver. At the Adventure Park you can have a go at flying across the river with a zip wire, navigate your way across rope bridges and abseil off the bridge! Then you can try scaling some rocks at the nearby **climbing wall**. At the **Woodcarvers’** you may see some woodcarving and have the chance to purchase some unique goods. Then you’ll have the opportunity to abseil into the Cholerenschlucht Gorge - an experience you will not forget! On the last hiking day you’ll hike to **Elsigenalp** and catch a cable car to the beautiful mountain area where you can enjoy your lunch, swim in a glacial lake and play games.

During the **excursion** days you will visit some beautiful towns.



**Interlaken** - you’ll start the day at the Schuh Chocolatier sampling some chocolate and learning how it is made. Then you’ll either opt for a visit to Trummelbach falls or go white water rafting near Interlaken, **16 years and over only**.



**Lake Thun** – you'll visit a beautiful medieval castle enjoy the voyage on the lake and continue to town for a spot of shopping or sightseeing.

*All activities in the programme are run by trained and experienced Our Chalet Staff. Adventurous activities such as rock climbing, abseiling, zip line, high ropes and white water rafting are run by experienced adventure and alpine activities guides from Switzerland.*

*Please note that this programme is subject to change.*

## Evening Programme

Our Chalet Summer Events will consist of seven evening programmes. On the first evening you will be welcomed to Our Chalet with a tour starting at 5.30 pm. Later in the evening there is a leaders' meeting where you will be informed by Our Chalet Staff of the event in more detail.

**International Night** – It is very exciting for every Guide and Scout to meet new friends from different countries. This evening is an opportunity to tell, sing, dance or just show everybody something about your country or your Guide or Scout group. Be prepared to sing, have fun and laugh. What comes at the end of the evening? Time for swapping.

**WAGGGS Centenary Celebration Night** – It's time to celebrate! There 10 million Girl Guides and Girl Scouts around the world. Find out what they are doing, how they are celebrating our centenary. Learn more about WAGGGS, 4 World Centres, play games and have your say on issues girls and young women are facing today. This night is also an opportunity to earn your Centenary Badge for 2011!

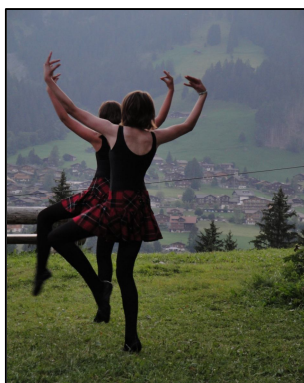
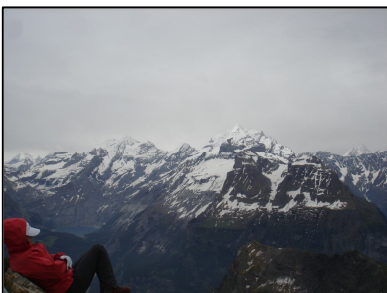
**Swiss Night** – It's time to experience some Swiss culture through music, learn some interesting facts, test your knowledge about Switzerland and celebrate with a delicious chocolate fondue!

**Games Night** – There's no Guide or Scout in the world who doesn't like to play. Games night are special in Our Chalet varying from longer, strategic wide games to short, energetic and creative ones. There will be outdoor and indoor games from all over the world but most of all full of fun and laughter.

**Overnight Hike or Sunset hike** – there are two options for this evening programme.

- **Overnight hike to Bonderspitz** (2500 m) for those who wish to challenge themselves in hiking. Hikers leave Our Chalet after dinner and return to Our Chalet next day in the morning. Please note to bring additional 13 CHF for sleeping over in the Cheesemakers' hut on the mountain. *Please note that this night hike is for experienced and keen hikers only.*
- **Sunset hike.** Hikers will leave Our Chalet after the dinner and enjoy sunset from one of the mountains in the Adelboden valley. Group will return to Our Chalet the same evening.

**Campfire and Closing Ceremony** – Our Chalet international Staff will run the final campfire celebration where you'll have a chance to learn new songs, games, dances and teach everybody some of your favourite ones. At the campfire we will close the event and present Our Chalet badges to participants who complete the Our Chalet challenge.



## Additional Information

### Travelling to Our Chalet

The closest international airports to Our Chalet are Bern, Geneva or Zurich airports. From all airports you can catch a train to Frutigen where you can transfer to a red AFA bus to arrive at Adelboden Oey, Our Chalet's closest bus stop. To find out about train and bus times and fares please visit the Swiss Transport website ([www.sbb.ch/en](http://www.sbb.ch/en)). If you are travelling with a group of 10 or more guests you must inform AFA buses ([info@afa-busbetrieb.ch](mailto:info@afa-busbetrieb.ch)) 24 hours in advance.

### Arrivals

Your troop will be able to check in from 2.00 pm on your arrival day. Guests arriving earlier can store their luggage at the Chalet, but cannot access their rooms. Between 9.00 am and 6.00 pm Our Chalet offers a luggage transfer service from Oey bus stop to Our Chalet. Please inform Our Chalet of the exact bus you will be arriving on at least two days prior to your arrival. Note that the bus stop you will need to get off at is **Adelboden Oey**, tell the bus driver you are travelling to Our Chalet. The luggage transfer service is only for luggage, guests will walk from the bus stop to Our Chalet. Alternatively if you do not wish to walk or are arriving outside of office hours you are welcome to book a taxi. (Taxi Bergmann, Tel: 033 673 2848).

### Leaders Meeting

On the arrival day for your Event at 19.30 pm we will hold a leaders meeting. During this meeting we will provide you with your itinerary for the week and information about the structure of the event. Additionally we will inform you about Our Chalet Challenge, special dietary requirements, Alpine hiking declaration forms, safety and more. This is also a great chance for leaders to get to know one another and ask any questions. This meeting will be held in the Spycher Conference Room and it is very important that ALL adults in the group attend.

### Our Chalet Challenge

Our Chalet has an interesting, interactive and creative way of getting out the best from your Swiss adventure experience. And that is **Our Chalet Challenge**. Those who complete this challenge will receive an Our Chalet challenge badge. Small badge coverage fee to take part in the challenge is 2 CHF.

### Meals

- Dinner is at 6:30 pm. Later dinners will not be served, so if guests are arriving late on the first day they will need to make their own arrangements.
- Guests on outdoor packages can order lunch packages for CHF 10 per person per day. These can be prepared at breakfast time. A lunch package includes: sandwiches, a snack, a drink and a piece of fruit. Guests staying indoors have this included in their package. Packed lunches must be ordered by the group two weeks prior to their arrival, the form will be sent to you along with your booking contract. Please return it via fax, email or post. Don't forget to bring your own drink bottles and a lunch box.
- Any guests with dietary requirements must fill out a Dietary requirements form prior to arrival. The form is available at [www.ourchalet.ch](http://www.ourchalet.ch) and in your programme package booking contract. Please return it via fax, email or post two weeks prior to your arrival.
- For guests catering for themselves, Adelboden has a local supermarket where you can purchase food supplies (open Mon-Sat 8:30am – 6:30pm). During summer we also offer a food purchasing service where you can pre-order food which we can then deliver to your campsite.
- You will be able to buy some snacks and soft drinks in Our Chalet shop.

### Budget

Remember to include the following expenses in your budget

- Transport to Our Chalet such as train and bus tickets
- Travel and Health Insurance
- Internet access
- Laundry
- Pocket money for personal expenses

### **Money**

Switzerland uses the Swiss Franc (CHF). All of our prices are quoted in Swiss Francs and this is the currency that all shops including Our Chalets' on-site shop, will use. Credit/debit cards can be used, but incur a 3% surcharge and cannot usually be used for purchases under CHF 10 or in smaller shops. Travellers' cheques can only be cashed at banks. For bill payment Our Chalet will accept cheques, travellers' cheques, US Dollars and Euros, but please note we will calculate the exchange rate for you on the day that you pay.



### **Insurance**

It is the responsibility of your group to ensure that you have adequate insurance for activities at Our Chalet. We do not provide insurance for you, nor can we answer questions about this. You will need to get in touch with your Member organisation or National organization.

### **Internet**

Our Chalet has three internet terminals. Internet cards to access other websites can be bought in the reception.

### **Laundry**

Our Chalet has self service guest laundry facilities. The cost is CHF 5 to use the front loading washing machine (soap included; 1½ hour cycle), and CHF 5 to use the tumble dryer (1 ½ hour cycle). Each load can hold a maximum of 5 kilos. These facilities are shared by all guests staying at Our Chalet

### **Linen**

Our Chalet provides pillows and duvets/quilts, sheet sets and a set of towels for those staying inside the Chalet houses and Squirrel House.

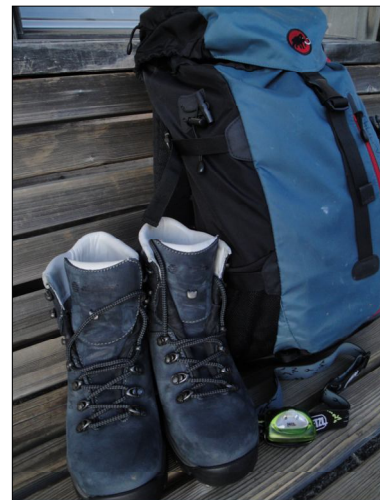


## Suggested Packing List

Our Chalet is located in the Swiss Alps and the climate can vary greatly on a daily basis. Therefore it is advisable to bring clothes for all seasons, even in summer we can get snow and cold nights. For weather forecasts visit: [www.meteoswiss.ch](http://www.meteoswiss.ch)

### Clothing and Shoes

- Socks & Underwear
- Warm jumper/sweatshirt/fleece
- Waterproof rain jacket and trousers
- Shorts and long trousers, no jeans for hiking
- Shirts/ t-shirts
- Gloves
- Hat/cap/scarf for warmth and sun
- Pyjamas/ sleeping wear
- Bathing suit/ swim wear
- Indoor Shoes, sneakers/trainers
- Sturdy Hiking boots/shoes
- Uniform for Opening Ceremony, national uniform/group T shirt/scarf



### Toiletries

- Toothbrush and toothpaste
- Soap/ Body wash
- Lotion
- Feminine Hygiene Products
- Deodorant
- Sunscreen with high protection factor
- Personal Medication as required

### Miscellaneous

- Sunglasses
- European Adapter
- Flashlight/ torch
- Badges for swapping
- Good sized water bottle and lunch box
- Money for souvenirs and snacks
- Backpack / day bag for excursions and hiking (20 – 30 L)
- Camera with extra batteries and plenty of memory

*Please note that this is a suggested list only; please think about your own requirements when packing. Note: Our Chalet assumes no responsibility for loss or damage of any personal items while staying at the centre.*